

March 2, 2020

Aloha PHCA Families,

We are resending the CDC flyer sent out on January 24<sup>th</sup> regarding preventative actions to fight the flu. Although there is currently no vaccination to protect against the coronavirus (COVID-19), the CDC recommends the same everyday preventative actions for the flu to be practiced to prevent COVID-19. Also, as many families travel during Spring Break, you must also be aware of the Travel Advisories and Alerts for countries with a potential or real threat of COVID-19.

As this is PHCA's "off year" for our Washington DC trip, there is no concern for school-related travel. However, we are asking all PHCA Families to check the Travel Advisories and Alerts for any COVID-19 warnings regarding the destinations they plan to visit. The Threat Levels are listed below and can be for various reasons including crime, terrorism, etc., however the countries mentioned are due possible or imminent threat of COVID-19 (please go to [Travel Advisories](#) for most updated list).

Travel Advisory Levels	
<b>1</b> Exercise normal precautions	US Mainland/Neighbor Islands - Level 1: Currently no Restrictions
<b>2</b> Exercise increased caution	Japan, Hong Kong - Level 2: Travel with Increased Caution
<b>3</b> Reconsider travel	Italy, Mongolia, South Korea – Level 3: Only Emergency Travel
<b>4</b> Do not travel	China – Level 4: Stay away

There are protocols in place at the airport when you return to the United States. Screening, monitoring and possible quarantines may be imposed based upon the countries you visited. These safeguards are necessary and enforceable by law in order to protect you and our community from a widespread outbreak. PHCA students that travel to any Level 2 and above countries will need to show health clearance from immigration or from your physician prior to returning to class.

Please keep all of our health here at PHCA and all those affected globally by COVID-19 in your prayers. Over the weekend, the first U.S. fatality from COVID-19 was reported, however the number of COVID-19 cases in the U.S. is still considered small and there are NO confirmed cases of the virus in Hawaii. For a daily update of COVID-19, please go to: <https://health.hawaii.gov/news/covid-19-updates/>

Until then, let us all practice the every day preventative measures listed on that attached flyer to keep everyone safe and healthy. We sanitize the desks daily, changed the air filters in the rooms on January 24<sup>th</sup> to ones that tackle dust, lint, smoke, bacteria, and virus-carrying particles and we continue to monitor and separate students with flu-like symptoms or fever. .

Mahalo and God Bless,



**PHEBE SUMIDA, M.Ed.**  
**Head Administrator**

*"Committed to GOD and Academic Excellence"*  
*A Ministry of Calvary Chapel Pearl Harbor*